



Retreat Dates

November 18-20, 2011
Application Deadline 11/11/11

January 27-29, 2012
Application Deadline 1/20/12

October 12-14, 2012
Application Deadline 10/5/12

All Retreats - \$200.00

Includes private room, meals,
retreat materials and program

SCHOLARSHIPS AVAILABLE UPON REQUEST

To request an application for a retreat
please contact Sue Stubbs
Phone: 404-920-7554
E-mail: sstubbs@archatl.com

**Must provide your own transportation
to and from the retreat location**



A Healing Retreat for Female Survivors of Abuse

A Service of the
Victim Assistance Program
Catholic Archdiocese of Atlanta

2401 Lake Park Drive SE, Smyrna, GA 30080
Phone 404-920-7550 - Fax 404-920-7551
ocyp@archatl.com
www.archatl.com/offices/cyp/



The Victim Assistance Program of the Archdiocese of Atlanta, part of the Office of Child & Youth Protection, provides outreach and healing programs for those abused by church personnel. Some programs, such as this retreat, expand the programs beyond those abused by church personnel to include all abuse victims. The Victim Assistance Program organizes a pastoral response to the victim, their immediate family and their parish family by offering resources for counseling, spiritual direction, prayer services, retreats and educational information.

2011-2012 Retreat Opportunities

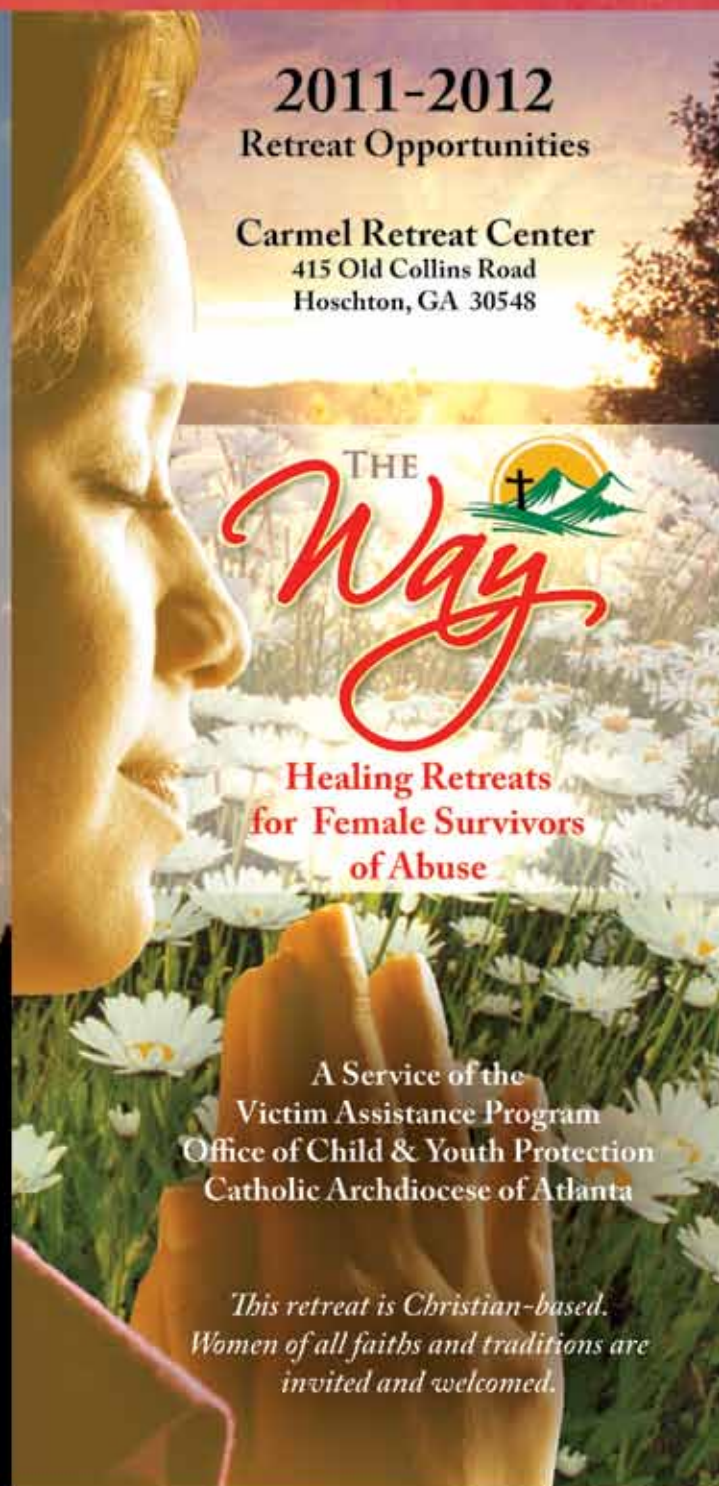
Carmel Retreat Center
415 Old Collins Road
Hoschton, GA 30548



Healing Retreats for Female Survivors of Abuse

A Service of the
Victim Assistance Program
Office of Child & Youth Protection
Catholic Archdiocese of Atlanta

*This retreat is Christian-based.
Women of all faiths and traditions are
invited and welcomed.*



The Way is a healing retreat for female survivors of abuse; a 3-day guided meditation and prayer experience for women whose abuse by another has deeply affected their heart, mind, body and soul.

- *Have you experienced or are you experiencing dread, confusion, deep hurt, betrayal or anger when you think of the abuse you have suffered? Or maybe you are feeling nothing at all.*
- *You have every right to these feelings...they are natural reactions to the trauma you have survived.*
- *You may be asking yourself, "What do I do with all of this? How will confronting my abuse experience affect my life? How will I ever recover my trust in people, God, my Church again? Does it really matter? Do I matter?"*



The Way is the path to take to find answers to these and many other questions for which your heart, mind, body, and soul have been searching. This is where your healing journey begins. These three days of guided meditations and prayer crafted around the Stations of the Cross will show you the steps Christ took to overcome dread, confusion, deep hurt, betrayal and anger not only for His experience of abuse - which culminated in His death on the cross and new life in the Resurrection - but for your abuse as well. You can choose to walk **The Way** with Him, learn His ways, transform your pain and suffering into a new life, the life God has always wanted for you but that the sins of another has disfigured in countless ways.

You do matter... to God, to your Church, to your loved ones, to the world. Let Christ show you **The Way** to peace in heart, mind, body and soul. Take your first voluntary steps on **The Way** to new life.

Your Retreat Team consists of professional counselors, trained spiritual guides, a priest, and volunteers who are all well formed and grounded in the Truth of the Catholic faith. All Truth is God's Truth, so no matter if you are not Catholic, the steps you take during this retreat will help you to move you forward in Truth on your journey to peace.



Sue Stubbs MS, NCC

Master's level, National Certified Counselor; over 10 years working with survivors of sexual, physical, emotional, spiritual abuse. Director, Victim Assistance Program for the last 7 years in the Office of Child and Youth Protection for the Archdiocese of Atlanta.

Dr. Anne Howe, PhD

Doctorate in Clinical Psychology, University of Massachusetts, Amherst; over 30 years treating clients with a history of sexual abuse and other issues; previously on faculty/staff of the Austen Riggs Center and Director of the Village of St. Joseph Counseling Service, Catholic Charities Atlanta; founding member of the Catholic Psychotherapy Association; currently in private practice at St. Andrew Catholic Church, Roswell, GA.

Carleen Newsome MS, LPC

Masters in Counseling from North Georgia College & State University; Licensed Professional Counselor for over 10 years working with couples, adults, adolescents and families with relationship issues, life transitions, grief and loss, trauma, adolescent life skills and health and wellness coaching; currently practicing with The Summit Counseling Center in Johns Creek, GA.

Fr. Stewart Wilber, LCSW

Master of Divinity, Dominican School of Philosophy and Theology, Berkeley, CA; Master of Social Work from Fordham University; Licensed Clinical Social Worker with over 5 years treating clients with addictions, trauma, and other issues; currently Parochial Vicar at Holy Family parish in Marietta and a counselor with Catholic Charities Atlanta.

Retreat Schedule

Friday

3:00 pm Arrival and Check-in
 4:00 pm Mass (encouraged but not required)
 Settling-in
 4:45 pm Welcome/Introduction
 5:30 pm Dinner
 6:30 pm Conference/Stations 1-3
 10:00 pm Free time
 11:00 pm Lights Out

Saturday**

8:00 am Breakfast
 8:45 am Conference/Stations 4-7
 12:00 pm Lunch
 12:30 pm Rosary (encouraged but not required)
 Free Time
 1:15 pm Conference/Stations 8-11
 4:30 pm Mass (encouraged but not required)
 with voluntary opportunity of Sacrament of Healing
 5:30 pm Dinner – *Silent portion of retreat begins**
 6:30 pm Station 12
 7:00 pm Adoration of the Blessed Sacrament (encouraged but not required)
 8:45 pm Foot of The Cross Ceremony
 9:30 pm Free time
 11:00 pm Lights Out

Sunday,

8:30 am Sunday Mass (encouraged but not required)
 9:15 am Breakfast
 10:00 am Stations 13-14
 11:00 am Way of the Cross
 12:00 pm Station 15
Silent portion of the retreat ends
 1:00 pm Lunch
 1:45 pm Conference
 2:30 pm Pack-up
 3:00 pm Homebound!

*Silence is God's language. Refraining from talking amongst ourselves during this portion of the retreat will increase our intimacy with God. In the words of Blessed Mother Theresa: 'We need to find God and He cannot be found in noise and restlessness. God is the friend of silence. See how nature – trees, flowers, grass – grows in silence; see the stars, the moon, the sun, how they move in silence...we need silence to be able to touch souls.'

**Voluntary opportunity for the Sacrament of Reconciliation available throughout the day.

