



## A HEALING RETREAT FOR MALE SURVIVORS OF SEXUAL ABUSE

July 13-15, 2012  
Carmel Retreat Center  
415 Old Collins Road  
Hoschton, GA 30548

\$150.00

Includes private room,  
meals & retreat materials.

*Application deadline: June 27, 2012*

To request an application to attend  
the retreat, please contact Sue Stubbs,  
Phone: 404-404.920.7550  
Email: [sstubbs@archatl.com](mailto:ssubbs@archatl.com)



## A HEALING RETREAT FOR MALE SURVIVORS OF SEXUAL ABUSE

A Service of The Victim Assistance Program  
Catholic Archdiocese of Atlanta  
2401 Lake Park Drive - Smyrna, GA 30080  
Phone: 404.920.7550 Fax: 404.920.7551  
[ocyp@archatl.com](mailto:ocyp@archatl.com)  
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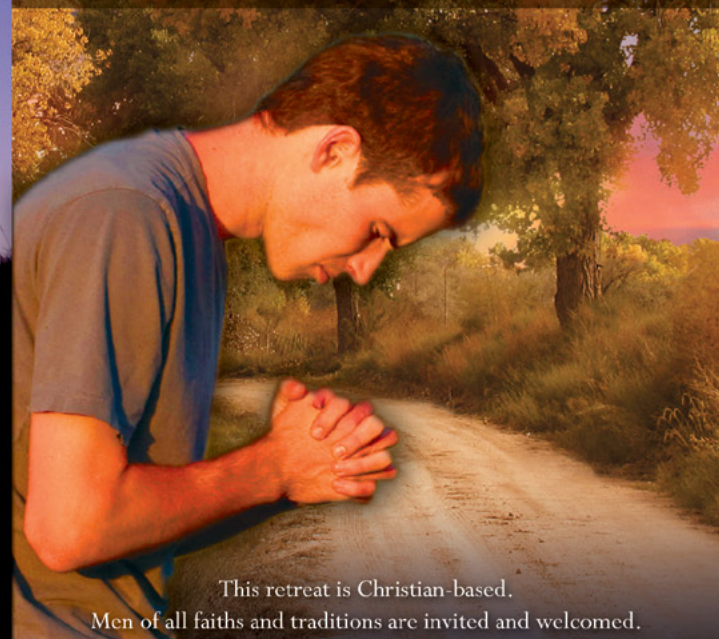
The Victim Assistance Program of the Archdiocese of Atlanta, part of the Office of Child & Youth Protection, provides outreach and healing programs for those abused by church personnel. Some programs, such as this retreat, expand the programs beyond those abused by church personnel to include all abuse victims. The Victim Assistance Program organizes a pastoral response to the victim, their immediate family and their parish family by offering resources for counseling, spiritual direction, prayer services, retreats and educational information.



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JULY 13-15, 2012  
CARMEL RETREAT CENTER  
HOSCHTON, GA

A Service of the Victim Assistance Program  
Office of Child & Youth Protection  
Catholic Archdiocese of Atlanta



This retreat is Christian-based.  
Men of all faiths and traditions are invited and welcomed.

**THE WAY**, A Healing Retreat for Male Survivors of Sexual Abuse is a 3-day guided meditation and prayer program for men whose abuse by another has deeply affected their heart, mind, body and soul.

- Have you experienced or are you experiencing dread, confusion, deep hurt, betrayal or anger when you think of the abuse you have suffered? Or maybe you are numb as if everything just bounces off of the force-field you've set up around you.
- You have every right to these feelings... they are natural reactions to the trauma you have survived.
- You may be asking yourself, "What do I do with all of this? How will confronting my abuse experience affect my life? How will I ever recover my trust in people, God, my Church again? Does it really matter? Do I matter?"



**THE WAY** is the path to take to find answers to these and many other questions for which your mind, body, heart and soul have been searching. This is where your healing journey begins. These three days of guided meditations and prayer crafted around the Stations of the Cross will show you the steps Christ took to overcome dread, confusion, deep hurt, betrayal and anger not only for His experience of abuse - which culminated in his death on the cross and new life in the Resurrection - but for your abuse as well. You can choose to walk The Way with Him, learn His ways, transform your pain and suffering into a new life, the life God has always wanted for you but that the sins of another has disfigured in many ways.

Your retreat team consists of professional counselors, trained spiritual guides, a priest, and volunteers who are all well formed and grounded in the Truth of the Catholic faith. All Truth is God's Truth, so if you are not Catholic yourself, the steps you take during this retreat will help you to move forward in Truth on your journey to peace.

You do matter... to God, to your Church, to your loved ones, to the world. Let Christ show you The Way to peace in mind, body, heart and soul. Take your first voluntary steps on The Way to an abundant life.

## THE WAY RETREAT TEAM

### Sue Stubbs MS, NCC

Director, Victim Assistance Program in the Office of Child and Youth Protection for the Archdiocese of Atlanta; Master's level, Nationally Certified Counselor; 9 years treating survivors of abuse - sexual, physical, emotional, spiritual

### Dr. Anne Howe, PhD

Doctorate in Clinical Psychology, University of Massachusetts, Amherst; over 30 years treating clients with a history of sexual abuse and other issues; previously on faculty/staff of the Austen Riggs Center and Director of the Village of St. Joseph Counseling Service, Catholic Charities Atlanta; founding member of the Catholic Psychotherapy Association

### Fr. Stewart Wilber, LCSW

Master of Divinity, Dominican School of Philosophy and Theology, Berkeley, CA; priest of the Archdiocese of Atlanta since 1991; former pastor of four Atlanta parishes and former Parochial Vicar in two others. Master of Social Work from Fordham University, May 2007; licensed State of Georgia Master Social Worker, September 2007; currently staff counselor at Village of St. Joseph Counseling Service, Catholic Charities Atlanta

### Gerry Crete, M.Ed.

Master of Education with over 18 years as a counselor/educator working with children, adolescents, and families. Areas of expertise include marriage and family therapy, career counseling, and dialectical behavior therapy. Currently completing a doctorate in counseling at the University of Georgia with a concentration in healing for male survivors of sexual abuse. Training for the permanent diaconate with the Archdiocese of Atlanta.



## Retreat Schedule

*Subject to Change*

### Friday

3:00 pm Arrival and Check-in  
4:00 pm Mass (encouraged but not required)/Settling-in  
5:00 pm Retreat Program begins  
6:00 pm Dinner  
7:00 pm Retreat Program resumes  
10:00 pm Free time

### Saturday \*\*

8:00 am Breakfast  
8:45 am Retreat Program resumes  
12:00 pm Lunch  
12:30 pm Rosary (encouraged but not required)  
1:00 pm Retreat Program resumes  
4:30 pm Mass (encouraged but not required) with voluntary opportunity of Sacrament of Healing  
5:30 pm Dinner – silent portion of retreat begins\*  
6:30 pm Retreat Program resumes  
7:30 pm Adoration of the Blessed Sacrament (encouraged but not required)  
9:30 pm Free time

### Sunday

8:00 am Sunday Mass (*encouraged but not required.*)  
8:45 am Breakfast  
9:15 am Retreat Program Resumes  
11:30 am Way of the Cross  
12:00 pm Silent portion of the retreat ends  
12:15 pm Retreat Program Resumes  
1:00 pm Lunch – Cookout!  
3:00 pm Retreat ends

\*Silence is God's language. Refraining from talking amongst ourselves during this portion of the retreat will increase our intimacy with God. In the words of Blessed Mother Theresa: 'We need to find God and He cannot be found in noise and restlessness. God is the friend of silence. See how nature – trees, flowers, grass – grows in silence; see the stars, the moon, the sun, how they move in silence... we need silence to be able to touch souls.'

\*\*Voluntary opportunity for the Sacrament of Reconciliation available throughout the day.