



Archdiocese of Atlanta
Office of Formation and Discipleship
2401 Lake Park Drive S.E
Smyrna, GA 30080

NOTES

PRE CANA

Pre-Cana is a 7-hour, one-day workshop for engaged couples presented by the Office of Formation and Discipleship. Presenters consist of a clergy/couple team, a Natural Family Planning speaker couple, and a financial expert.

(12 workshops per year/ 55 couples per workshop)

TIME: Saturday, 9:00 a.m. - 4:00 p.m.

LOCATION: Chancery Office

2401 Lake Park Dr., SE, Smyrna, GA 30080

COST: \$110.00 per couple (non-refundable)

PHONE: (404) 920-7645

REGISTRATION:

www.archatl.com/offices/ofd/family/mprep/index.html



FOR BETTER AND FOREVER

Sponsor Couple

For Better and For Ever Sponsor Couple Program is a structured program designed to be used over a period of five (5) evenings and covers discussion questions provided in the book. The book used in this program is titled "For Better and For Ever" and was written by Fr. Rob Ruhnke C.S.S.R.,D Min.

1. It is parish controlled.
2. Scheduling is flexible.
3. It builds parish community as the sponsor couple continues to be a resource to the newly married couple.
4. The cost of operating is minimal (\$20.00 per couple)
5. Participation also enriches the marriage of the sponsor couple.

The success of the program is the one-on-one sharing that allows the sponsor couple to adapt to the individual needs of the engaged couple (for training as a sponsor couple, see page 5).

The Sponsor Couple program is available at parishes around the Archdiocese. Please contact local parish or the Office of Formation and Discipleship for assistance.

Office of Formation and Discipleship

Phone: 404-920-7620

Email: ofd@archatl.com

Web: www.archatl.com/offices/ofd/family/mprep/index.html

RESOURCES

Useful Links:

- USCCB Committee on Marriage and Family
www.usccb.org/issues-and-action/marriage-and-family
- USCCB's ForYourMarriage.org
www.foryourmarriage.org
- Metropolitan Tribunal of Atlanta
www.archatl.com/offices/tribunal
- National Association of Catholic Family Life Ministers
www.nacflm.org
- Georgia Family Council
www.georgiafamily.org

NATURAL FAMILY PLANNING

There are three methods of NFP used effectively across the nation. The Sympto-Thermal Method, the Ovulation Method, and the Multi-Index Method all teach couples to identify natural body signs related to fertility and infertility. These methods are taught by certified teachers through the Archdiocesan Natural Family Planning Program in both English and Spanish. There is an ongoing schedule of classes as well as contact information for teachers that teach by appointment.

Please see additional information at:

www.archatl.com/offices/ofd/family/nfp.html

FOR BETTER AND FOREVER

Sponsor Couple Training

This is a 6 hour training seminar to instruct married couples how to become Sponsor Couples in their parish. Pastor approval is required. Training is offered in English and Spanish. The fee for training is \$85.00 per couple and is inclusive of manuals, continental breakfast and lunch. The fee is non-refundable and is usually covered by the local parish.

For additional information and training dates, please contact:

Office of Formation and Discipleship

Phone: 404-920-7620

Email: ofd@archatl.com

Web: www.archatl.com/offices/ofd/family/mprep/index.html

THE GREATEST OF THESE IS LOVE

Marriage Preparation Program

This is a 7-hour, one day workshop given by Deacon Fred and Mrs. Connie Sambrone. This special program explores those areas important to beginning and sustaining a committed Christian marriage. This program is for couples contemplating marriage, engaged couples and married couples desiring to attain a balanced approach to a committed Christian marriage. This program is unique because the size of the group is small, allowing more interaction, dialogue, and sharing among the couples. This program meets the requirements for marriage preparation in the Archdiocese and is presented through the Office of Formation and Discipleship. *(4 programs a year; 14 couples per workshop)*

The Greatest of These is Love Workshop is held at the Lyke House at the Atlanta University Catholic Center:
809 Beckwith Street, SW, Atlanta, GA 30314.

TIME: 9:00 a.m. - 4:00 p.m.

COST: \$110.00 per couple (non-refundable)

PHONE: 404-920-7645 (Office of Formation & Discipleship)
770-631-0420 (the Sambrones)

REGISTRATION:

www.archatl.com/offices/ofd/family/mprep/index.html

PREPARE  ENRICH

PREPARE/ENRICH is a Catholic couple assessment completed online that identifies a couple's strength and growth areas. It is one of the most widely used programs for premarital counseling and premarital education. It is also used for marriage counseling, marriage enrichment, and dating couples considering engagement. Based on a couple's assessment results, a trained facilitator provides 4-8 feedback sessions in which the facilitator helps the couple discuss and understand their results as they are taught proven relationship skills.

PREPARE/ENRICH helps couples:

- Explore strength and growth areas
- Strengthen communication skills
- Identify and manage major stressors
- Resolve conflict using the Ten Step Model
- Develop a more balanced relationship
- Explore family of origin issues
- Discuss financial planning and budgeting
- Establish personal, couple and family goals
- Understand and appreciate personality differences

Contact:

Office of Formation and Discipleship

Phone: 404-920-7620

Email: ofd@archatl.com

Web: www.archatl.com/offices/ofd/family/mprep/index.html



The FOCCUS® Pre-Marriage Inventory is a comprehensive, user-friendly tool for use by lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

FOCCUS Training is available through the Office of Formation and Discipleship.

For additional information, please contact:

Office of Formation and Discipleship

Phone: 404-920-7620

Email: ofd@archatl.com

Web: www.archatl.com/offices/ofd/family/mprep/index.html

LLAMADOS A SER UNO

Called to be One

Curso de Preparación Matrimonial en Española
(4 veces al año/35-40 parejas por curso)

Es un taller de un día para parejas comprometidas a casarse en la Iglesia Católica de habla hispana. Las charlas son presentadas por un sacerdote y parejas casadas. El curso es ofrecido 4 veces al año. El costo del programa es de \$70.00 por pareja. Para más información, por favor llame al (770) 717-1517 Ext. 22 ó (678) 327-6388 o correo electrónico llasuinfo@bellsouth.net

Marriage Preparation Course in Spanish
(4 times per year/35-40 couples per course)

This is a one day marriage preparation program conducted in Spanish for engaged couples. Presenters are priests and married couples. The course is offered 4 times a year. The cost of the program is \$70.00 per couple. For further information, please call (770) 717-1517 Ext. 22 or (678) 327-6388 or e-mail llasuinfo@bellsouth.net

For more information:

www.archatl.com/offices/ofd/family/mprep/index.html





This is a weekend experience for engaged couples preparing for marriage. The main focus of the weekend is on the couple, with time and opportunity to learn more about themselves and each other through personal reflection and dialogue together. Brief presentations by a team of two married couples and a priest or deacon precede time for couples to reflect privately on self-knowledge; communication, intimacy, and morality; decision making; sacrament; family, engagement, and betrothal. *(6 weekends per year/ 36 couples per weekend)*

The cost of the weekend varies by retreat location; please visit www.atlcee.org for availability. For further information, please call Engaged Encounter at (770) 975-1147

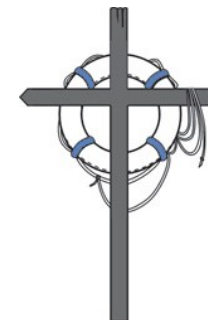
RETRouvaille

Retrouvaille is a Catholic ministry for couples in troubled marriages and for separated and divorced couples considering reconciliation. The program helps couples to better understand their relationship while teaching them practical skills to bring healing and renewal. Although Retrouvaille is a Catholic program, they welcome couples from all faith expressions. The word Retrouvaille (pronounced Re-trō-vī') simply means 'rediscovery'. Begun in French Canada in 1977, and established in Atlanta in 1985, it is now offered world-wide.

Retrouvaille is presented on a weekend at a local hotel by a priest and three trained volunteer couples who have participated in the program themselves. Typically 30 to 40 couples attend. Couples aren't required to share personal information with the group. Both members of the couple must have a willingness to participate. They are also asked to discontinue any extramarital affairs and to address alcohol or drug problems before registering.

(Four weekends per year—30 to 40 couples per weekend)

For further information, email: atlanta@retrouvaille.org or visit the local web site: www.retrouvailleofatlanta.org



WORLD WIDE MARRIAGE ENCOUNTER

Worldwide Marriage Encounter offers a weekend experience for married couples who want to recapture the closeness of their young relationship. Over time, careers and families tug at the quality time a couple has together, occasionally straining the best of relationships. On the Marriage Encounter Weekend we teach couples a new way to communicate, making it possible to find closeness even in the most ordinary exchanges.

For more information about weekends offered or registration in English, please call 1-866-285-9963 or visit www.WWMEatlanta.org



THREE TO GET MARRIED

This program provides engaged couples with a comprehensive marriage preparation weekend. The program utilizes a variety of seminars, discussions and private time to ensure that each couple is presented with the spiritual, emotional, psychological and cultural dimensions of Catholic married and family life. The program is presented by priests, trained psychologists, medical professionals, and experienced married couples.

This is a weekend experience for seriously dating or engaged couples offered at the Mission Center in Norcross through the Center for Family Development under the direction of the Legionaries of Christ. It is a Friday night through Sunday program, but you do stay at your own home each night. The weekend includes practical talks and a mini retreat led by the Legionary of Christ priests.

Registration through the Center for Family Development, 770-396-2363, <http://missionnetworkatlanta.org/CFD>



TOGETHER IN GOD'S LOVE

Parish Based Program

A program for Catholic preparation of marriage by Joseph D. White, Ph.D. and William R. Cashion III, M.T.S.; Imprimatur from Bishop Kevin C. Rhoades of the Diocese of Fort Wayne-South Bend.

- Builds couples' understanding of faith, communication, sexuality, and stewardship.
- Incorporates Theology of the Body and the full sacramental theology of marriage.
- Recognizes the impact of cultural issues and gender differences on marital relationships.
- Offers flexible formatting options to fit any parish or diocesan preparation template.
- Utilizes an active learning approach to help participants learn by doing.
- Protects couples from the pitfalls of divorce by reinforcing forgiveness, fidelity and security.
- Developed and tested by leaders, facilitators, and engaged couples.
- Easy to understand and use facilitator and mentor guides. Available in English and Spanish

No Formal training necessary

www.togetheringodslove.com | Call to order: 1-800-348-2440



ONLINE ON-DEMAND MARRIAGE PREP

Catholicmarriageprepclass.com

This first-of-its-kind program allows engaged couples to experience a qualified Catholic PreCana program from the comfort and convenience of your home. Once you register, the entire program is available to you 24/7/365. When you finish, a Certificate of Completion is created for you instantly.

Includes:

- Video presentations
- Catholic Couple Checkup premarital inventory and report
- eBooks on finances, spirituality, and cohabitation
- Twelve months of follow up learning and enrichment
- Imprimatur
- Natural Family Planning

Contact:

Catholic Marriage Prep Class

1-855-773-2262

info@catholicmarriageprepclass.com

